

Criteria for Overnight Breaks to be included in a Support Plan

If parents / carers find it difficult to meet the child's needs without overnight breaks, for example children need frequent attention during the night, or they need constant attention during the day.

Families in need of overnight breaks may not necessarily have children who don't sleep, but may have such high needs during the day, at such intensity that it is necessary for parents to have a complete break in order to continue meeting those needs in the longer term.

Service Response

Traditional short breaks carers if available, and if they can meet needs.

Contract Carers: for children with complex health needs, challenging behaviour, ASC or Moving and Handling Needs.

If 2: 1 staffing is needed at predictable times, support to placement may be provided by a care agency.

Residential Units: for children with the most complex needs, or if Contract Carers are not available. If 2:1 staffing is needed at unpredictable times